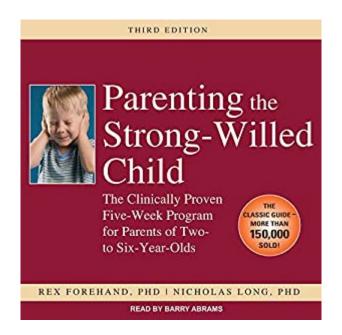


## The book was found

# Parenting The Strong-Willed Child: The Clinically Proven Five-Week Program For Parents Of Two- To Six-Year-Olds





# **Synopsis**

Rex Forehand, PhD, and Nicholas Long, PhD, have helped thousands of parents achieve discipline using positive reinforcement, without yelling or harming the child's self-esteem. Their clinically proven, five-week program gives you the tools you need to successfully manage your child's behavior, giving specific factors that cause or contribute to disruptive behavior, ways to develop a more positive atmosphere in your family and home, and strategies for managing specific behavior problems. This completely revised and updated edition includes: new research-based information about child temperament; a new chapter on the hot topic of play as a means of strengthening the parent-child relationship; a new section on collaborative disciplining with preschool teachers; an expanded section about depression and stress linked to parenting; and new research findings about ADHD and its treatment.

## **Book Information**

**Audible Audio Edition** 

Listening Length: 8 hours and 22 minutes

Program Type: Audiobook

Version: Unabridged

Publisher: Tantor Audio

Audible.com Release Date: April 18, 2017

Language: English

ASIN: B06Y3X1D6F

Best Sellers Rank: #62 in Books > Parenting & Relationships > Parenting > School-Age Children #65 in Books > Parenting & Relationships > Family Relationships > Fatherhood #130 in Books > Business & Money > Management & Leadership > Training

### Customer Reviews

CHANGED OUR LIVES!This changed our lives! I only gave it 4 stars, because right now, we are on the 3rd week. I don't agree with what the third week is, but the 4th and 5th week may be OK. You know your child. Our 3 year old was getting into trouble every day! I hated coming home, disciplining her and having it happen all over again. She's our second child. Our first child a a saint for the most part. She just needed different parenting styles. I also amended this. Like I said, no child is "cookie cutter." With the first two weeks, I followed it and added "choices" with her. We spelled out each time she made a good choice and if she was not making a good choice, we explained, "bad things happen with bad choices and I will take your Barbie away." It was like a switch. After making some

better choices, we gave her the Barbie back. Ask me questions if you want. This book has saved me from my breaking point.

A must read for any first time patent OR patent of particularly tough toddler. I read an earlier version when I had my 3rd daughter who was very strong willed. I have now given this version to her for help with her first born who takes after her mom!

worth the purchase. we followed the process as written and it did help.

A lot of great ideas for my little strong-willed child! Worth the price and an easy read!

New baby, new Mom, sent it to my niece who had her hands full. She loves it. Timely advice and methods for helping both cope with their new life. Geez, glad I'm just the old Aunt.

Now that our child is grown, I don't know that the book taught us anything we did not know. It did give us reassurance that we were not alone. THe books main advice is just to be consistent.

I have found this book to of the utmost help with my 5 year old grandchild that I have in my charge. Even with her going to kennedy krieger for theropy, there are things and activities I now can do on my own. I have learned so much. Plus the book is an easy read. No PHD needed

This book was recommended by a Psychologist for my 3 year old. The advice is great for any age. I am currently half way through the book and was really impressed at how effective the advice has been. I think all parents should read this book.

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